We Care About Our Health!

Click here for writing paper

First Grade Choice Board: Week of 5-18-20

Watch this lesson on how to use the number grid shortcut to find 10 more, 10 less. and beyond.

Number Grid

10 More 10 Less Practice

Count by tens while doing jumping jacks. How high can you get? _____

Click here to listen to Mrs. Klein finish reading Mr. Putter and Tabby Turn The Page.



Print and read your own book about staying healthy. Tell what you will try from your book!



We Do Yoga



A Rainbow of Food

*Choose the book that feels "just right" for you! Start or add to a realistic fiction piece.

Help your reader understand your characters by showing feelings and showing what they are thinking!

Make your characters come to lifel

Anchor Chart



Briella walked for 6 minutes, next she danced with her sister for 5 minutes. then she rode her bike for 7 minutes.

- How long did she exercise for?
- Create a number model that matches.
- Include the unit with your answer.



Click here for a review of the suffixes -s and -es.

Plural Sorting Activity **Anchor Chart**



BANANA

Click here to watch a read aloud from Mrs. Prusaitis! Eating bananas is an easy, healthy, and affordable way to stay healthy.

Click here to read about why baby ducks follow their mother.



Draw and write about how mother ducks help their young. Young is another word for babies.



Write an opinion review to convince your reader why it is important to exercise and eat healthy.

Include:

- Introduction
- Your opinion
- Reasons
- Ending

Anchor Chart Opinion Checklist Exemplar



Are you ready for a challenge? Write your full name (first name, middle name, last name) on a piece of paper. Then click the link.

Challenge Link

Use the letters in your name to do your challenge!

Retell the chapters that Mrs. Klein read from Mr. Putter and Tabby.

- Use transition words (first, next, then, after that, finally)
- Remember to name the settina. character names. and plot (what happens)
- Use the text to help you retell.

Retelling Rope **Anchor Chart**

Listen to Mrs. Belhaj read You Are What You Eat.



You will learn about whole grains, proteins, and dairy products - all healthy foods!

Then draw and label a plate of some healthy snacks!

Daily Routine: Read for 20 minutes and complete 2 boxes.

Put a happy face in the box or color the box when completed. Additional resources are located here or on the Milan Area Schools website under Paddock.